

# Monday, October 14

• Saint Mary's Sibling Classes - 6:30pm

## Wednesday, October 16

Mammograms & Martinis - 4:45pm

#### Monday, October 28

• Blood Drive - 10:30am

## Thursday, October 31

• Trunk or Treat - 6:00pm

# Saint Mary's Sibling Classes

**Time:** 6:30pm

## **Saint Mary's Sibling Classes**

- · Scheduled the second Monday of each month
- Beginning at 6:30 p.m.
- Max of 5 siblings (3-10 years old)
- Free to patients
- · Light snack provided
- To register or receive more information, please call Debbie at (479) 964-5436 Monday-Friday 8 a.m. to 3 p.m. or leave a message.

## 2024 Dates

- January 8
- February 12
- March 11
- April 8
- May 13
- June 10
- July 8
- August 12
- September 9
- October 14
- November 11
- December 9

#### **Mammograms & Martinis**

**Time:** 4:45pm

#### **Blood Drive**

Time: 10:30am

Join us for the Saint Mary's Regional Health System **Blood Drive** on **Monday, October 28, from 10:30 a.m. to 3:30 p.m. in Cafeteria 3**. Donors will receive a complimentary t-shirt and one free entry to the Little Rock Zoo! Employees participating in



the Vitality program can also earn 100 Vitality Points for successful or attempted donations. To schedule your appointment, please call the Switchboard at 479-968-2841, extension 0, or visit the volunteer information desk. Help save lives and make a difference in our community!

## **Trunk or Treat**

**Time:** 6:00pm